

Amesbury CE VC Primary School  
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Wednesday 16<sup>th</sup> December 2020

Dear Parent/Carer

### Forest School Sessions

I will be leading a series of Forest School sessions for Year 3 on a Monday for the whole of term 3 (Jan-Feb half term).



Sessions will take place on a Monday afternoon. This does mean that **pupils need to come into school wearing Forest School clothes on their given session dates** (see attached kit list). A Year 3 pastoral group will also be selected to take part in an hour session 10.45am-12pm each week for the term and those parents/guardians will be informed separately. For all other pupils, the classes will have the following dates and sessions:

Danebury = Monday 4<sup>th</sup> Jan (**FIRST DAY BACK!!!!**), Monday 18<sup>th</sup> Jan, Monday 1<sup>st</sup> Feb

Sarum = Monday 11<sup>th</sup> Jan, Monday 25<sup>th</sup> Jan, Monday 8<sup>th</sup> Feb.

### What is Forest School?



It is an ethos which encourages the development of children's emotional and physical development through outdoor play, activities and exploration of a woodland environment.



Forest Schools have been proven to foster independence, confidence, communication skills and self-esteem and is therefore an excellent way to support the National Curriculum.

### What will pupils be doing?



Forest School takes place outdoors whatever the weather!! **Clothing suitable for the weather is essential for every session.** Please check the weather forecast so your child is dressed appropriately. Really warm layers will be essential – it is the winter months.



We will undertake activities such as campfire skills, scavenger hunts, den making, woodland craft and other creative and team building tasks.



Pupils will carry out most of the activities in small groups. This will allow us to ensure social distancing and adhering to all COVID secure procedures that are currently in place in school.

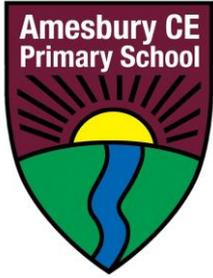
As pupils are having normal lessons in the morning they may want to wear trainers in to school and have appropriate footwear and outer wear (warm, waterproof top layers) in a carrier bag.

If you are happy for your child to take part in Forest School, please tick the Consent box on SCOPAY under 'Forest School Yr3'. If you have any questions, please do not hesitate in contacting me.

Yours faithfully

Ms Wildman





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## FOREST SCHOOL KIT LIST



Trousers – ensure trousers are hardwearing and warm. Choose trousers that are okay to get muddy and messy.



Footwear – ensure footwear is hardwearing and warm. Welly boots and walking boots are ideal. **Choose footwear that can get messy, muddy and wet!**



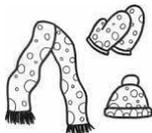
Top – for warmth, it is best to wear several layers. This means layers can be taken off or added, depending on the temperature.



**Waterproof and warm top layers are essential on wet/damp/muddy days.**



A plastic bag to bring outdoor clothes to and from school. A good idea to be waterproof in case forest school clothing is wet and muddy.



A warm hat, gloves and scarf only needed if the weather turns cold!

**Term 3 is potentially the coldest term of the year.** At school we do have limited spares of coats and wellies so please contact school if you need any assistance in getting your child(ren) adequately dressed. Spare trainers can be fine for sessions and pupils should be wearing winter coats to school any way.

